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Institute of Social and Preventive Medicine (ISPM)

1 Invitation for children 11 to 13 years old to participate in the study

# 2 Living with Primary Ciliary Dyskinesia (PCD)

- 3 Dear child with PCD
- 4 Thank you for considering taking part in this only study about PCD. It is totally voluntary and safe to
- 5 participate.
- 6 Doctor Claudia Kuehni is the main investigator of this project.
- 7 What is the study about and why do we do it?
- 8 This study wants to study health of children and adults with primary ciliary dyskinesia (PCD). PCD is a
- 9 disease, where the cilia do not work properly. Cilia are small hairs that can move and transport the
- mucus out of our lungs and our nose. When these cilia don't work properly, people cough a lot, have
- many colds and a runny nose. The study wants to help us understand more about PCD so that we can
- make life better for people with PCD. The study started in 2020 when PCD patient support groups asked
- 13 for help to find out how people with PCD were doing during the COVID-19 pandemic.
- 14 Who are we and what do we want to find out?
- We are a group of doctors who do research in PCD. By asking people with PCD from around the world
- to fill out surveys, we learned more about how the coronavirus affected them. Now we want to keep
- 17 learning about other important topics for people with PCD such us how PCD affects their feelings, or it
- makes things at school or work more difficult than other people without PCD.
- 19 Who can take part?
- 20 All children, youths, and adults with PCD can take part. We have participants from many different
- 21 countries.
- Does it help me if I take part? Is there anything that might bother me?
- 23 If you take part, you can help us to better understand your disease. On the internet, you will always see
- the latest results of the study: how many people take part, how they get along, and what are their wishes
- and problems.
- The questions might take a little while to answer, it won't bother you, although it might be a bit boring
- 27 for your parents.

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## 29 Goal and more information

- 30 Living with PCD is an international online study. We want to know more about PCD to improve daily life
- of people with the disease. We would like to know more about the experience with PCD, so we plan to
- 32 ask about different topics such as how PCD affects feelings or if it makes thing at school or work more
- 33 difficult.

## 34 What happens if you take part?

- 35 If you take part, your parents will receive online questionnaires about your health. They must first give
- us an email address. The first questionnaire will be long, so that you can describe all the details of your
- disease, because PCD can be very different from one person to another. We will also ask questions
- 38 like how you spend your day, if you do a lot of sports, and who is part of your family.
- 39 After that, your parents will receive follow-up questionnaires, which ask about how you are doing
- 40 (probably about 1x per year). Sometimes, your parents will get a questionnaire about a special topic,
- 41 like the treatments you do for PCD. You can also suggest questions that we can include in one of the
- 42 next questionnaires. This allows you to help us ask questions that are important for people with PCD.
- 43 If you would like to skip some questions, you can do it.

## 44 What happens if I take part in the study?

- Those who take part should fill in the questionnaires they receive. All information is collected in a way
- 46 that nobody can find out who you are.

## 47 Will it help me? Is anything tricky?

- 48 There are no tests or anything that will hurt or bother you in this study. Some questions might take a
- 49 little time to answer, but your parents will do the hard work.
- You might not get anything just for you from taking part, but by helping with this study, you can help
- 51 doctors learn more about PCD. This could help other kids with PCD in the future.

## 52 What happens if you don't want to take part any longer?

- Your participation is not compulsory. You can step out of the study anytime, without telling us why.
- Nobody will be angry with you. You can also skip some questionnaires and later participate again.

## 55 **Do you have any questions?**

- If you have questions, you or your parents can phone us (+41 31 684 68 55) or write us an email (to
- 57 pcd.ispm@unibe.ch). You can also ask questions to the leaders of the patient support groups of your
- 58 country.
- 59 You can also watch a video with the study information available on the study website.
- 60
- 61 Professor Claudia Kuehni
- 62 Paediatrician
- 63 University of Bern
- 64 Switzerland

Information for children 11 to 13 years old

**Living with Primary Ciliary Dyskinesia** 

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